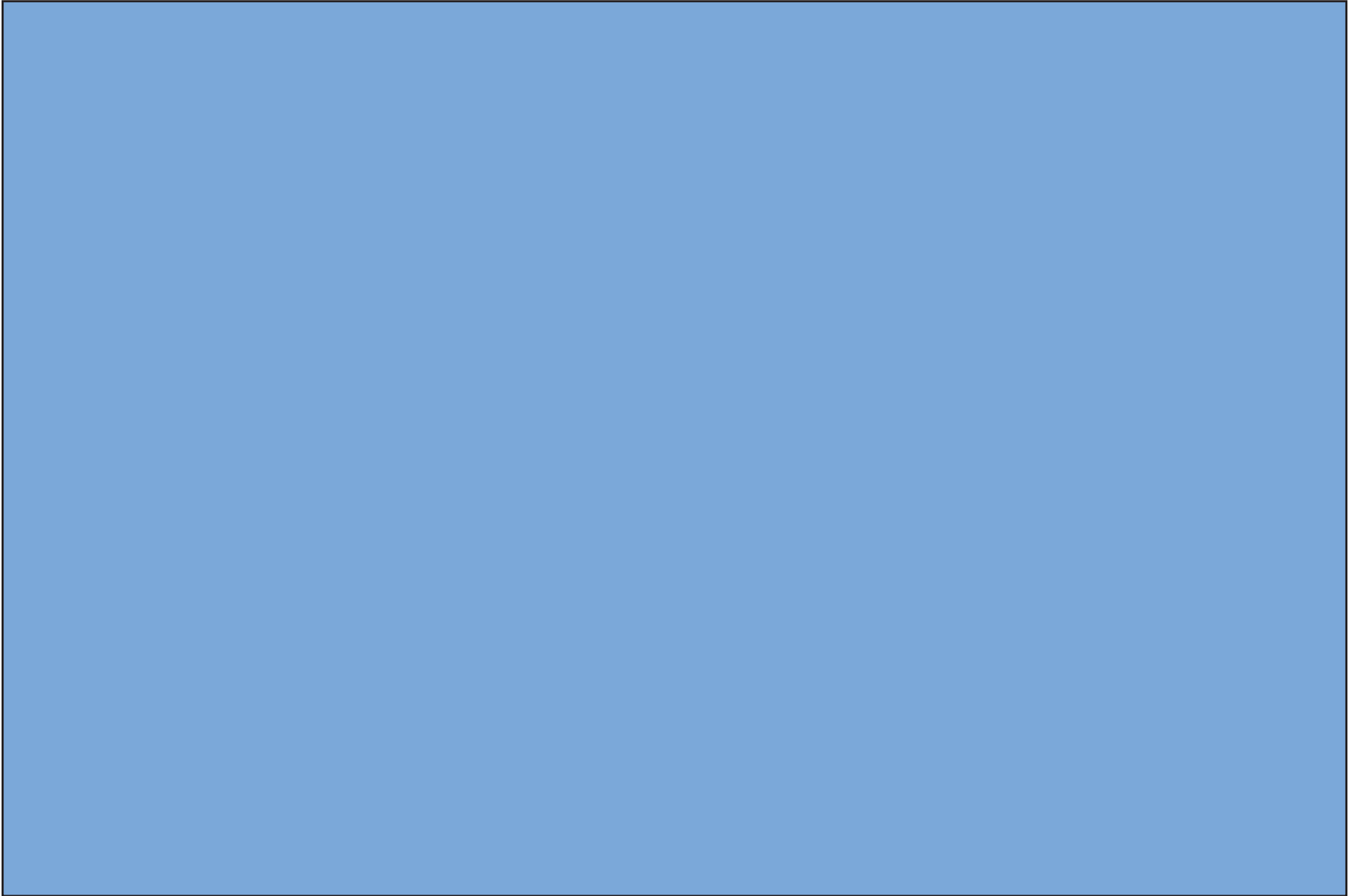


The Livermore Sanitarium



Livermore Sanitarium

The Livermore Sanitarium is located just within the limits of the town of Livermore, a little over one hour driving time from Oakland. Direct train service is to be had on the Southern and Western Pacific Railroads from Oakland, also from various points in the San Joaquin and Sacramento valleys. The Sanitarium buildings are located on spacious and beautifully improved grounds. There are about one hundred and forty acres which are divided in two parts considered separate although under one management.

The Hydropathic Department is devoted to the care of patients requiring general Sanitarium treatment. All types of patients are received except mental, acute infectious and surgical. It is particularly adapted for the treatment of general medical cases, psychoneuroses, neurological conditions and those requiring rest treatment and physiotherapy. The Department is equipped with modern hydrotherapeutic and other apparatus. There is a gymnasium with swimming pool, bowling alley and handball court. The department of physical education is well organized and its facilities constantly used in the treatment of patients needing physical exercise. There are excellent facilities for tennis, croquet, and badminton. The scenic Livermore Valley offers opportunities for horseback riding and hiking.

In an entirely separated portion of the ground, and at some distance from the Hydropathic Department, the department for the treatment of mental diseases is located. This department consists of small cottages which permit segregation. It also makes possible the very best individual treatment. There are five

Livermore Sanitarium

main cottages and in addition there are three bungalows for the care of individual patients. All these cottages are steam heated and modern in every respect. There is also complete equipment for occupational therapy and for hydrotherapy, the majority of the patients receiving hydrotherapy daily.

Medical Care: *This is provided by a staff of five resident physicians who pay close attention to patients and are on call both day and night. Also visits by referring physician and outside consultation are invited. Realizing that the causes of mental illnesses are both physical and mental, an analysis is made of both the physical and mental condition of every patient. A complete report as to the finding, together with our opinion as to the prognosis is issued to members of the family and the patient's physician, after the first week of examination and observation. Frequent letters are written to the relatives regarding the condition of the patient, usually once a week.*

Nursing Department: *There is a large trained nursing department, both male and female personnel. Adequate care is provided for patients. Special nurses may be obtained when they are considered necessary.*

Shock Therapy: *The staff of the Sanitarium has for a long time been conducting shock therapy and all facilities for such treatment are present. There is a special department for such therapy. Electric, insulin and metrazol are used, and are under close medical and nursing supervision.*



The Hydro Building



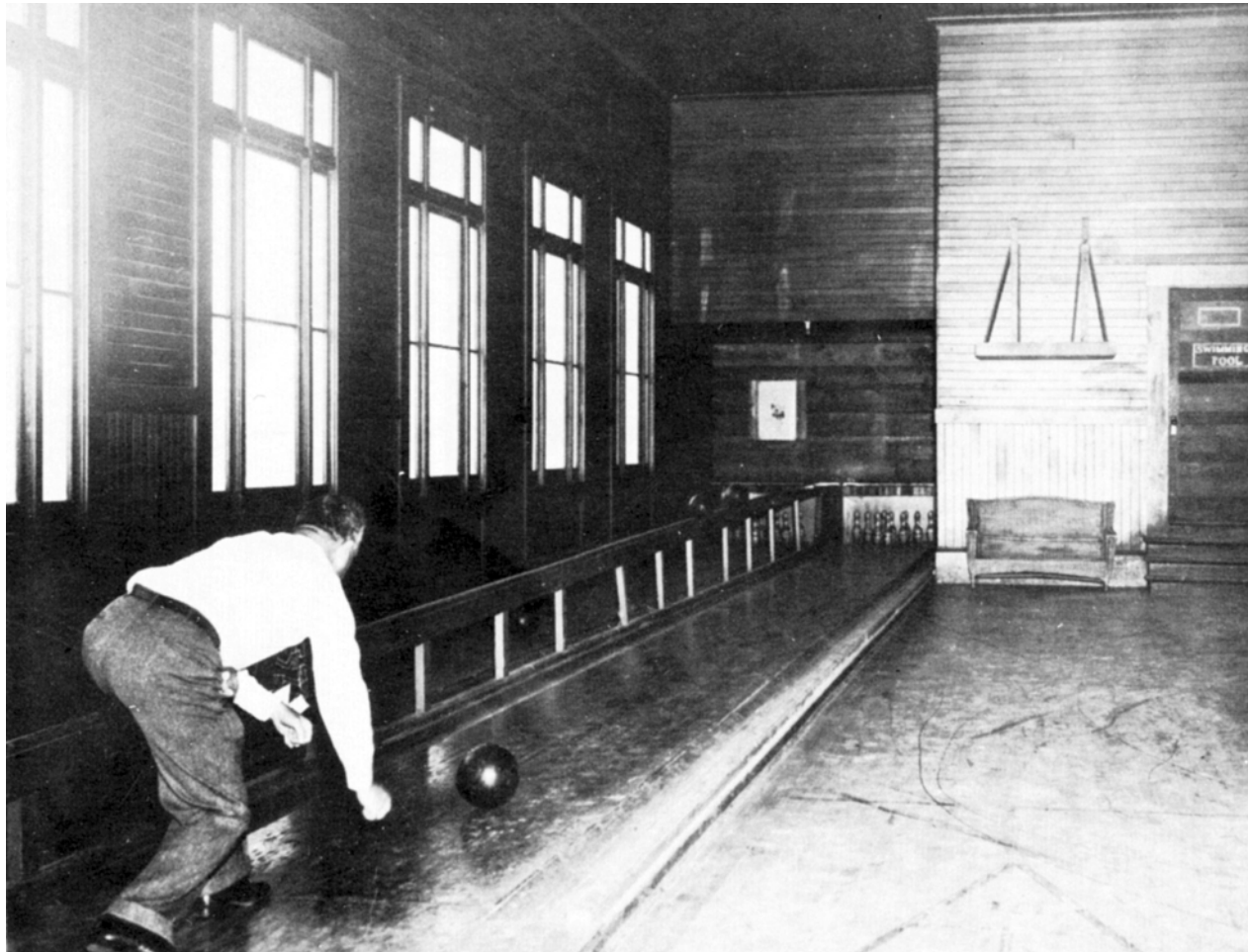
The Dining Room



*Croquet and Tennis
Court*



The Gymnasium



The Bowling Alley



The Gymnasium

Department for the Treatment of Mental Disorders



The Gables Cottage



The Rest Cottage

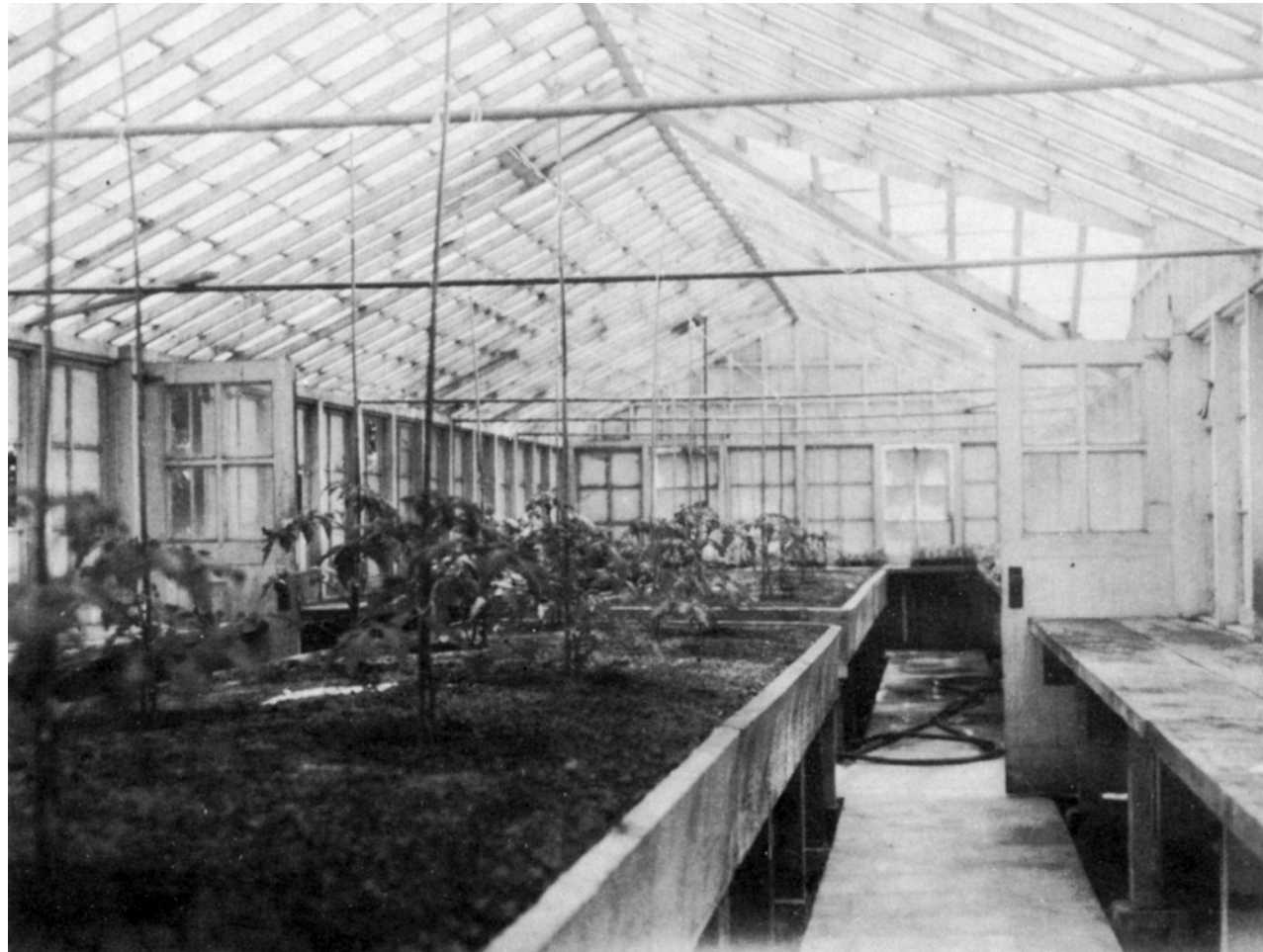


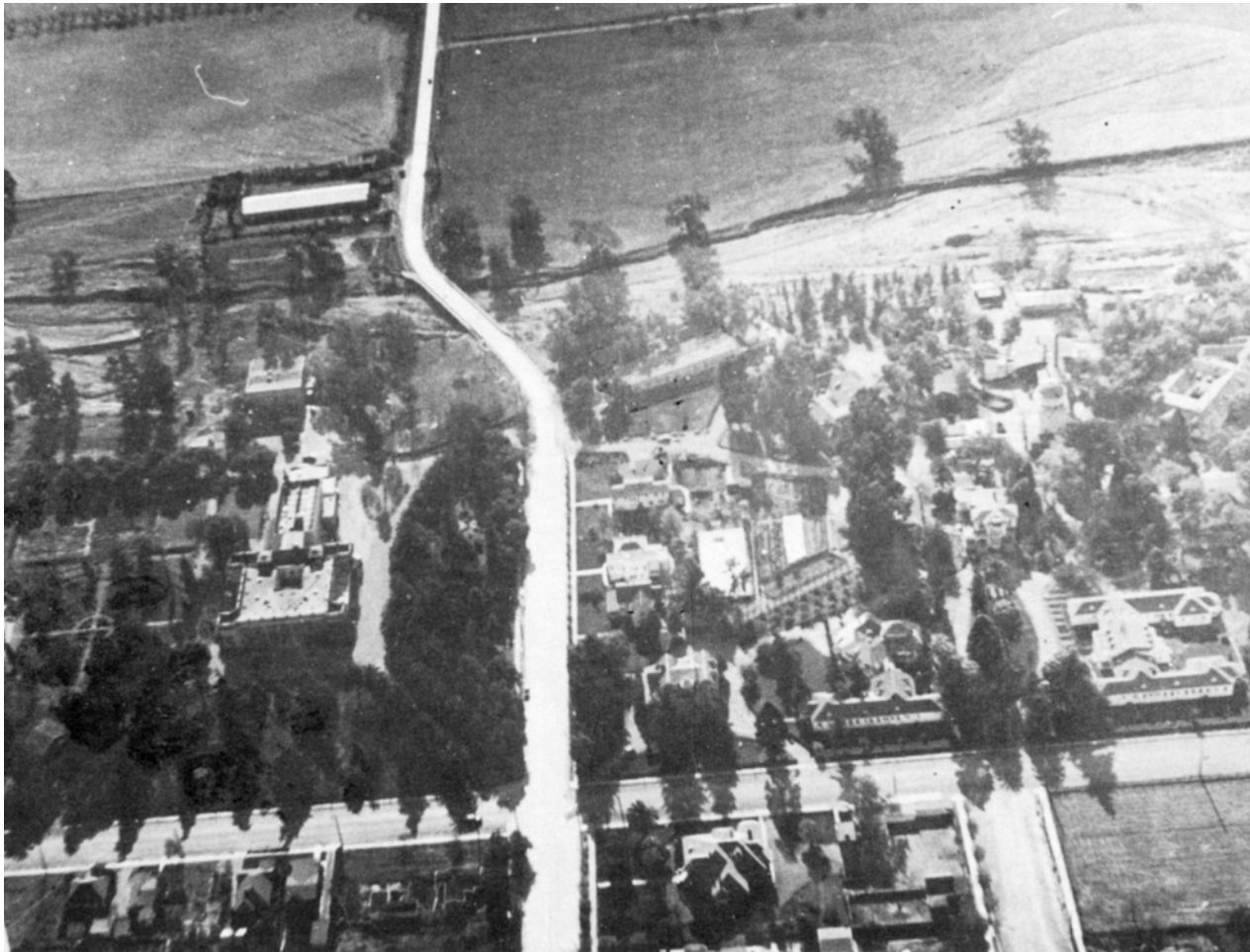
The White Cottage



The Solarium Cottage

The Greenhouse





Aerial View

The Livermore Sanitarium
954 SOUTH L STREET - LIVERMORE, CALIFORNIA

CLIFFORD W. MACK, M. D., *Superintendent*

OLIVER D. JENSEN, M. D., *Assistant Superintendent*

JOHN W. ROBERTSON, M. D., *Clinical Director*

JUDITH A. AHLEM, M. D., *In Charge of Shock Therapy*

JOHN H. BJORKLUND, M. D., *Psychiatrist*

TUESDAY AND FRIDAY

OAKLAND OFFICE

FRANKLIN BUILDING

1624 Franklin Street

10 a.m. to 12 m., Tel. Glencourt 5988

SAN FRANCISCO OFFICE

450 SUTTER STREET

1:30 to 3 p.m.

Tel. Douglas 3824



